

beach BOOSTER

Wasaga Beach

LOCALLY OWNED AND OPERATED | OCTOBER 15, 2017 | COMPLIMENTARY ISSUE | NO.148

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CANADA 150

Beach BOOSTER Media Group is Wasaga Beach's official information source for local Canada 150 Events and Activities



Inaugural Wasaga Beach "Way Back When" Event A Huge Success!



Photo Courtesy of **Enrique Photo Art**
 Visit: www.mywasagabeach.com

On September 30th, the Wasaga Beach Historical Advisory Committee presented the inaugural Way Back When event at Historic Marlwood Golf & Country Club. The weather was perfect as residents of Wasaga Beach mingled with some former "Beach Folks" who had travelled back to Wasaga Beach for this day of fun and memories. With interactive displays from residents, community partners and volunteers,

guests enjoyed beverages and sandwiches as old friends reunited and new ones were met. Along with the many displays there were vintage movies, slide shows and great music from the past throughout the day. Wasaga Beach Mayor Brian Smith and Councilors Bonnie Smith & Joe Belanger met with guests, along with former Mayors Claire Robertson and Walter Borthwick.

Photo shows great community supporters Rita & Peter (left) and Special Guests from Port Rowan, Ontario, William & Rosemary (right) joining Wasaga Beach's first Mayor and former Reeve, Claire Robertson. Thanks to Enrique Photo Art for photo.

See more from "Way Back When" on Page 8 of this issue.

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What's Happening

Wasaga Beach Lions Club Bingo every Friday evening. Up to \$5000 in prizes..New!!\$1500 Jackpot Game. RecPlex Doors open at 5:30 p.m. Contact: Wasaga Beach Lions Club at 705-429-3331

Youth Dances RecPlex

Date: Occurs on the second Friday every 1 month(s), from Friday, October 13, 2017 - Friday, June 08, 2018 - 7 til 9 p.m.

Wasaga Beach Writers first Wed. each month for 2017- Wasaga Beach Library- 120 Glenwood Dr, entertaining at the Library once a month, the day and time are 1:30 to 2:30 p.m. every. We ask for a small donation which the Friends of the Library Committee use for things the Library's budget will not cover. FYI: The writers are reading their own work usually, or other volunteers read something they find interesting enough to pass on. For more information call: (705) 429-5481

Tuesday Night Bowling League Bowling is still alive and well as many resident's from Wasaga Beach enjoy a fun night out at Springwater Lanes in Elmvale. As October is Breast Cancer awareness month, the Tuesday Night league will be raising money by bowlers donating change each time they get a head pin. This year we split the season in two with the first ending in December to accommodate the snowbirds. Then the second will start in January and run through to May. If you would like to join now, or in start in January contact Springwater Lanes at 705-322-0676 or come out on Tuesday at 6:40 PM for the 7:00 starting time.

Dinner and a Movie -

The Emoji Movie

Wed Oct 18 2017 6:00:00 PM

The Lego-Batman Movie

Wed Oct 25 2017 6:00:00 PM

RecPlex 1724 Mosley Street

Wasaga Beach United Church

The United Thespians will be putting on a performance called Ship Ahoy! on Friday, October 27th at 7pm, and Saturday, October 28th at 2pm. Join us for a fun evening of fun and laughter with skits, songs and dance. Tickets are \$10, contact Doris at (705) 429-7835 for more information.

Christmas in November Annual Art Show and Sale

Presented by Wasaga Artists

Saturday, November 4th, 10:00 am - 4:00 pm

Wasaga Beach RecPlex, 1724 Mosley Street

This popular annual show features original works of art by area artists and artisans. Browse unique items including paintings in oil, water colour, acrylic and pastel, as well as fibre arts, sea-glass creations, semi-precious stone jewellery, metal work, wood-working, hand-crafted easels, needlework, fabric creations and more. A perfect opportunity to get a head-start on your Christmas shopping. Free admission, parking and door prizes. For more information, visit www.wasagaartists.ca or call: 705-422-2009; email: georginaanddickson@gmail.com

For more information contact:

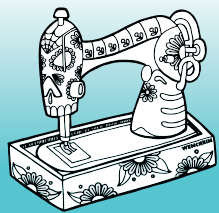
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BeachChiropractic & Wellness Centre



Grand Opening! You're Invited

Join the Beach Chiropractic team to celebrate their "Grand Opening"

Thursday, October 19th from 12-2pm.

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Help them restock after Thanksgiving.

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Wasaga Beach Mayor's Breakfast

Hosted by Wasaga Beach Chamber Of Commerce.

Monday, October 16, 2017

8:00 a.m. - 10:00 a.m.

Lions Den in the RecPlex

1724 Mosley Street

Wasaga Beach, ON

705-429-2247 to reserve or

wbchamber@rogers.com

\$20.00 per ticket



Salmon Rice Bowls

Japanese Donburi are the ultimate comfort food. These hearty bowls of rice topped with veggies, meat, seafood or tofu are pretty wholesome on their own. We have upped the ante by filling them with omega-rich salmon and plenty of fresh veggies to create an all-in-one meal that's sure to become a healthy weeknight staple. This is a great way to use up any leftovers you might have in your fridge like chicken, peppers, spinach, asparagus etc.



1. Bring rice and 2 cups water to a boil in large saucepan. Stir, cover and reduce heat to low. Cook until water is absorbed, about 20 minutes. Remove from heat; let stand 5 minutes.

2. Whisk together 1 tbsp vinegar, sugar and 1/4 tsp salt in large bowl. Stir in rice until well coated. Spread rice evenly up and around side of bowl to cool. Set aside.

3. Meanwhile, sprinkle fish with remaining 1/4 tsp salt. Heat olive oil in large nonstick skillet over medium heat. Add fish; cook, turning once, until fish flakes easily when tested with fork, 4 to 6 minutes. Transfer to cutting board; halve each fillet lengthwise. Cover loosely with foil to keep warm. Set aside.

4. Heat same skillet over medium-high heat. Add eggs; cook until bottom is set, about 1 minute. Flip; cook until set. Transfer to cutting board; thinly slice. Set aside.

5. Meanwhile, whisk together soy sauce, sesame oil and remaining 1 tbsp vinegar in small bowl. Set aside.

6. Divide rice, salmon, eggs, green onions, cucumbers, avocado, nori and pickled ginger among 4 bowls. Drizzle with soy sauce mixture, dividing evenly.

beach BOOSTER Wasaga Beach

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Professional Planners Tour The Beach!

The Town of Wasaga Beach hosted a mobile workshop for planners this past week as part of the 2017 Ontario Professional Planners Institute annual conference in the Village of Blue. This was followed by a presentation the following day to a packed audience. There is a healthy buzz in the professional community about the steps that Wasaga Beach is taking to revitalize the Main End. Also attending was the famous Wasaga Beach Gorilla (thanks to Art Dyer). He was a real hit with the group!

People everywhere are watching our exciting plans move forward! The Beach is BACK!

Wasaga Beach's exciting Downtown Master Plan featured in recognized publication!

NOVAE RES URBIS covers urban planning, development and transportation issues with a focus on helping decision-makers stay current on municipal and regional affairs. Published weekly, 50 times a year.

Industry leaders are watching our development! The Beach is BACK! WASAGA BEACH REVITALIZATION - STRIKING A BALANCE See the complete story here: <http://tiny.cc/uch6ny>



Peter Willmott named Ontario Senior of the Year

Mayor Brian Smith presented local resident Dr. Peter Willmott with an Ontario Senior of the Year Award at town council's meeting Tuesday night.

Dr. Willmott was recognized for his contributions to the community. Helping with the presentation was Wasaga Beach Public Library CEO Jackie Beaudin, a member of the Age-Friendly Community Advisory Committee.

The award is presented each year to an individual who has contributed to the community after the age of 65. Through their efforts, the person makes their community a better place to live.

"Peter is an extremely deserving individual," Mayor Brian Smith said. "He has served as a member of our Healthy Community Network since its inception in 2006 and in this capacity has served as a valued chair for many years. Peter's vision and leadership have been instrumental in implementing the Active Transportation Plan in 2008, the development of the Wasaga Beach Community Garden, the Harold Culham Trail, biking and walking initiatives, and so much more."

Dr. Willmott is also a member of the YMCA's membership advisory committee, serves as a board member on the Environment Network in Collingwood, is a member of the Simcoe Muskoka Board of Health, and most recently joined the Wasaga Distribution Inc., board. "Considering Peter has only lived in our community since 2003, he's certainly put down roots, rolled up his sleeves, and found ways to contribute to our town," Mayor Smith said.

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2017 IN REVIEW

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November 1, 2017

TIME:
8:30 am to 12:30 pm

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PROGRAM

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Why it pays to be ready for cyclists, hikers and paddlers.

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Tips, tricks and must do's for today's online travelers.

Congratulations to all the 2017 Business Award Nominees and a Big Congratulations to this Year's Winners



Photo by Enrique Photo Art

- Chamber Citizen of the Year,**
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Don't miss some cool Beach One Cerveza ideas in the new Beach Lifestyle feature on Page 4

Signature SOLD TEAM



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ROYAL LEPAGE



One Last Gulp of Summer?

Sometime the weatherman must have blessed then sacrificed a small animal to give us the summer bliss we've had the past few weeks. The weather Gods have bestowed an almost picture perfect few weeks for us here on Canada's greatest beach.

The past few weeks, I couldn't have enjoyed a cool swim enough, sunning enough (with SPC 50 of course), sand beneath my toes enough, grilling hot dogs on a make-shift pan grill enough, and I can't enjoy a libation on the beach enough!

I know summer's beautiful cousin Mr. Fall chronologically arrived last week. but it's ceremonial "leaves turning + wind blowing" self has been hanging out on a summer patio somewhere, having a mojito waiting for summer to end.

Keep waiting I say! You're more than welcome to come out of hiding when the kids are in costume.

Well Fall didn't listen as I noticed him on Intellicast earlier this week, about to rear its annual picturesque prelude to broken snow shovels, sand on the wheel well, seasonal depression, school closures, and bus cancellations.

While staring at a spread sheet this day, I was reading a piece in the NY Times about Trump and Kim Jon "Rocketman" Un. Between the "mine is bigger" juvenile dialogue, World War 3 was brought up several times. I'd had enough.

So, I packed the computer backpack, the world's most comfortable beach rocking chair, an umbrella and some cold bevs in small cooler and off I went to Woodland beach. And knowing I had to give one last soliloquy about my friend Summer in this edition of Beach Booster, here I sit in front of the calmest waters of summer surrounded by an almost uninhabited picturesque beach. And here I sit, doing exactly that!

Between the swims, the sips of a cold beverage, and the vitamin D I am savoring like a rare 25 yr. old batch of single malt about to go extinct, I have to give some hearty and heartfelt congrats out. One is to Beach Booster founder Joe Bickerstaff – winner of the Chamber's Citizen of the year. No person is more deserving, and no person is more quintessential to this community's future. Congrats Joe.

And more kudos to Aaron and the entire gang at Beach 1 Vacations for winner the Chamber's Tourism and Accommodation Business of the Year award. This bunch is indicative of the sweat equity it takes to build a solid business foundation in the Beach. Congrats to y'all.

Because I assume the grills are still out, I'm throwing you one last summer beauty of a recipe at
<http://www.beachbooster.com/BeachFood&Beverage>

Baked and Smashed Loaded Potatoes



It is also the good stuff from this comfy chair on the Canada's best beach. Wasaga!



The Wasaga Beacher feature is proudly sponsored by Wasaga Beach Brewing Company



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Beach Corner Celebrates Five Years!

October 1st marks five years that Beach Corner has been bringing you a weekly entertainment program on Beach BOOSTER radio along with its featured column in beach BOOSTER publication.

Since its inception I had the pleasure of interviewing many local artists and organizers as well as worldwide exclusive interviews not only reserved for our community but for Canada as well via Skype from Sweden, Japan, California, Russia, Australia and Montreal.

Some of the artists that have graced the show over the years include: Margaret Atwood, Moses Znaimer, Gil Moore (Triumph) CEO of Metalworks Studios, Rik Emmet (Triumph) RESOLUTION, The Spoons, Gino Vannelli, Christian Potenza, Brent Butt, the late Bobby Curtola, Priscilla Presley at the Annual Collingwood Elvis Festival, Marilyn Lightstone, Sean Sullivan and Lynne Griffin, Russian filmmakers, Tatiana and Olga Poliektova, MIYAVI (actor from Unbroken and singer/songwriter) Sugizo from X Japan/Luna Sea, Die from Dir en Grey, Jon Underdown and Victor Newman from YAY, to name a few.

Our interview on Beach Corner with Dianna Chycki for our new album RED PLANET was a blast! Super fun and friendly energy during our Skype interview, great questions, rock solid editing for the broadcast, and the station providing a replay link for people who missed the original broadcast was extremely appreciated because we are based in Tokyo, Japan and have many listeners in many international time zones." Jon Underdown, singer and producer for YAY, Tokyo, Japan (facebook.com/YAYPOWERMUSICOFFICIAL)

"It was such a pleasure being interviewed by Dianna Chycki on Beach Corner. She is very open and kind-hearted person. Her interviews are friendly while making you feel at ease with her interrogation. Dianna is well prepared while adding humour and interesting questions. Looking forward to being a guest again on Beach Corner." Tatiana and Olga Poliektova, film directors and animators from Saint Petersburg, Russia (poliektovs.com)

"I always enjoy my Beach Corner interviews. They're light, fun but relevant! The host, Dianna, is calming and wonderful to chat with. Go Beach Corner!!" Rosemarie Garrity O'Brien, Special Events Coordinator for the Town of Collingwood, Collingwood, Ontario (collingwood.ca)

"I have had several opportunities to be interviewed by Dianna Chycki on her Beach Corner talk show on beachBOOSTER Radio. Dianna has a keen ability to research and prepare thought provoking questions. She strives to make her interviewees comfortable which creates candid responses. Congratulations on Beach Corner's successful 5th anniversary and giving listeners incite to what's hot in entertainment, new social trends, cultural events with the latest events happening throughout the community. Mary Ann Watts, filmmaker and owner of Watts Photography (photographybywatts.ca)

Over the years Beach Corner has provided a consistent flow of entertainment interviews from local to international artists while promoting our community. A heartfelt thanks to Joe Bickerstaff and Bill Frieday along with our incredible Beach BOOSTER Media Group team. A very special thanks to Exchanging Vows Bridal Boutique for being an amazing sponsor, Watts Photography, my guests and to the listeners for their support. I look forward to bringing more entertainment shows in the coming years.

Dianna Chycki is host of Beach Corner. Beach Corner is available on podcast and broadcast every Tuesday at 10:00 a.m. and 8:00 p.m. on beachBOOSTER.com. Beach Corner article sponsored by Exchanging Vows Bridal Boutique in Collingwood



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CFL Greats Enjoying The Beach!



Photo by Beach BOOSTER Media Group

Former Toronto Argonauts **Bill Symons** (left) and **Peter Martin** (right) are joined by Wasaga Beach neighbour **Rob Barry**

On perhaps the last day of the recent September heat wave, I had the pleasure of speaking with some famous Toronto Argonauts enjoying the warm evening temperatures on the World's Longest Freshwater Beach. Peter Martin had been entertaining his old friend Bill Symons at his Wasaga Beach cottage and were enjoying a dip in the bay.

Pete Martin's career with the Toronto Argonauts started in 1965, alternating between the right corner and middle linebacker positions. Pete went on to play eight memorable seasons and 104 games with the Double Blue. He was a key member of the historic 1971 team, widely regarded as the best time in Argo history, making their way to the '71 Grey Cup. Pete is Past President of the Toronto Argonauts Alumni Association was named CFL Alumni Man of the Year in 2016.

Bill Symons played eight years in the CFL, from 1966 to 1973 starting with the BC Lions after moving north from the NFL's Green Bay Packers. Bill moved to Toronto for the 1967 season and stayed there for the rest of his career, joining Pete for the famous 1971 Grey Cup against Calgary in BC. He was named to the Eastern and All-Canadian All-Star teams, named the Outstanding Player in the CFL and was elected to the Canadian Football Hall-of-Fame in 1997. Bill has many memories of visiting and enjoying Wasaga Beach over the years.

Joe Bickerstaff



Toronto Argonauts Trading Cards from the early 1970's



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Marlwood Ladies League Weekly Scores: September 26, 2017 Final Day

Expert answers to your health and wellness questions

Question: I see kale mentioned everywhere these days. It seems to be used as an ingredient in many recipes such as soups, smoothies and even used to make potato chips. What are the nutritional benefits of kale that makes this vegetable so popular?

Answer: Kale is a nutritional powerhouse! Per calorie, kale has more iron than beef, and more calcium than milk. It's high in vitamins A and C - with only 30 calories, 5 grams of fiber, and 0 grams of fat per cup. This vegetable aids in digestion, provides anti-inflammatory benefits, and is heart healthy. When buying kale, look for firm, deep-colored leaves. Store kale in a plastic storage bag or container and remove as much air from the bag as possible. Kale can be stored in the refrigerator for up to 5 days.

Question: My gym has a few different types of elliptical trainers. Is there really a difference? If so, how do I choose which one is best for me?

Answer: Using an elliptical trainer is generally considered a low impact form of cardio and can be less stressful on your knees, hips and back. However, proper fit is essential and it's important to find a model that is comfortable for your height and body structure. When moving the pedals, your feet should push behind you slightly, just as if you were walking on the ground. If your feet stay in front of you, the stride of the machine is too short and you'll need to try another model. If you wish to mimic a climbing motion, you'll want to choose an elliptical that has the "wheel" on the back. This type of elliptical has pedals that move up and down, and allow you to change the incline of the ramp. If you prefer a walking motion, choose an elliptical in which the "wheel" is on the front. This type of elliptical has pedals that move back-and-forth. Many ellipticals also have upper body handle bars that move with the pedals. You can use this type of machine with or without the use of the upper arm handles. If you do choose to use the upper arm handles, go with an elliptical that gives you plenty resistance so your upper body gets a good workout too.



RINGER BOARD RESULTS: \$25 Each

- Flight A- Jody Kowall
- Flight B- Cathy Curnew 81, Barb Roettger 81
- Flight C- Maureen Galliford 81, Dawn McCleave 81
- Flight D- Babs Ineson 87

PUTT RESULTS: \$25 Each

- Flight A- Joan LaRose 13.4
- Flight B- Joyce Beynon 15.6
- Flight C- Chris Boneham 15.5
- Flight D- Jan Ware 15.9

CLOSEST TO THE PIN: \$10 Each

- Flight A- Jody Kowall
- Flight B- Barb Roettger
- Flight C- Shirley Hunermund
- Flight D- Jeannine Brooks

LONGEST DRIVE: \$10 Each

- Flight A- Lisa McClintock
- Flight B- Nancy Jarrell
- Flight C- Dawn McCleave
- Flight D- Bernadette Gowland

COMPETITIVE PRIZES:

1st LOW GROSS:

- Flight A - Jody Kowall 80
- Flight B- Karen Cooke 98
- Flight C- Dawn McCleave 100
- Flight D- Barb Carney 101

2nd LOW GROSS:

- Flight A- Lisa McClintock 87
- Flight B- Julie McDonald 99
- Flight C- Chris Boneham 106
- Flight D- Gail Gibbons 108

1st LOW NET:

- Lynn Howarth 64
- Barb Roettger 67
- Cheryl Brown 71
- Babs Ineson 66

2nd LOW NET:

- Marilyn Lett 68
- Donna Platt 69 Retro
- Glenese Dougherty 72
- Bernadette Gowland 69



Wasaga Beach Snowmobile Club Donations



The Wasaga Beach Snowmobile Club's first meeting on October 14th is in preparation of the upcoming year. In November an open house and barbecue will be held when trail work is set to begin. Check the club's Facebook page for the exact date. If you would like to become involved in the club and volunteer or just like to browse and obtain information please join us then.

Just one of the annual events organized by the club is the Silent Auction as part of the Snowman Mania Event Weekend. Club members were proud to present proceeds from the last auction to staff at the Wasaga Beach YMCA with a cheque for \$1,000.00 for the Y's Strong Kids Program and a \$200.00 donation to the Wasaga Beach Ministerial Food Bank.

Submitted photos



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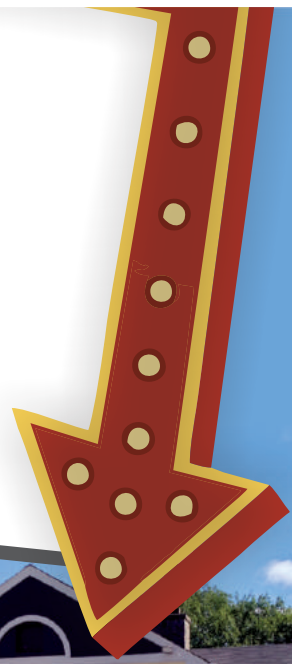
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WASAGA BEACH Way Back When EVENT



The "Wasaga Way Back When" Event held Saturday, September 30th at Marlwood Golf and Country Club, was a chance for neighbours and friends to celebrate the long and vibrant history of Wasaga Beach. The casual, drop-in event was hosted by the Town's Historical Advisory Committee and was sponsored by the Town of Wasaga Beach, Beach BOOSTER Media Group, Marlwood Golf and Country Club and Waterside Retirement Lodge.

Participation from Community Partners, including the Town Archives, Friends of Nancy Island, Santa Fe Motel, Chamber of Commerce, Wasaga Ganaraska Hiking Club and the Wasaga Snowmobile Club, was integral to the success of the day. The various displays, artifacts and photograph collections were visited by approximately 400 people throughout the day. Even the Wasaga Cruisers showed up to adorn the parking lot with several of their antique and classic cars!

The "Way Back When" Committee members, Lindsay Neale, Nancy Ludlow, Art Dyer, Brenda Dyer, Joe Bickerstaff and Bing Jowett were pleased to be able to provide an opportunity for so many attendees to share their "Beach" stories and memories of days gone by.

Some photos courtesy of Enrique Photo Art.



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