

beach BOOSTER

Wasaga Beach

LOCALLY OWNED AND OPERATED | September 17, 2017 | ISSUE NO. 147

WHO KNOWS WASAGA?



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CANADA 150

Beach BOOSTER Media Group is Wasaga Beach's official information source for local Canada 150 Events and Activities



Beach Chiropractic Runners Start a New Season



Beach Chiropractic Running Clinics have been very popular in the Wasaga Beach community. Under the watchful eye of Dr. Sarah Adams they have helped 100's of people, from those just learning to seasoned runners, accomplish their health and fitness goals.

Learn To Run 5K Running Clinic

The Learn to Run/5K running clinic is designed for beginner and intermediate level runners whose goal is to improve their fitness level and run a 5K race by the end of the clinic. Duration: 10 week session.

10K Running Clinic

The 10K Running Clinic is designed for intermediate level runners who are wanting to run a 10K race at the completion of the clinic. Duration: 12 week session.

"No-one was more surprised than me when I began running at age 61. However, Dr. Sarah (my boss) had been hosting running clinics for some time and I thought I'd give it a try. I loved it. The thing is the 'learn to run' group starts off so slowly and gently, almost anyone can do it. Every week after that, you do a little bit more than the previous week. Now I help other runners on clinic nights. At 65 I can run a 10k, I'm strong and healthy, my heart is happy, blood pressure is good. I recommend taking that first, small step." Pat Alborough

If you would like to be put on the mailing list for running clinics please contact Dr. Sarah at drsarahadams@gmail.com.

Photo Patti Friday www.pattifriday.ca

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What's Happening

Wasaga Beach Lions Club Bingo every Friday evening. Up to \$5000 in prizes..New!!\$1500 Jackpot Game. RecPlex Doors open at 5:30 p.m. Contact: Wasaga Beach Lions Club at 705-429-3331

Youth Dances RecPlex

Date: Occurs on the second Friday every 1 month(s), from Friday, October 13, 2017 7:00:00 PM - Friday, June 08, 2018 9:00:00 PM

Wasaga Beach Writers first Wed. each month for 2017- Wasaga Beach Library- 120 Glenwood Dr, entertaining at the Library once a month, the day and time are 1:30 to 2:30 p.m. every. We ask for a small donation which the Friends of the Library Committee use for things the Library's budget will not cover. FYI: The writers are reading their own work usually, or other volunteers read something they find interesting enough to pass on. For more information call: (705) 429-5481

Main Street Farmer's Market.

Every Tuesday from May to September: 4pm - 8pm Visit our Facebook page. <https://goo.gl/Hytkfc>

Wasaga Beach Chamber of Commerce

Business Awards Thursday, September 21, 2017 -RecPlex 1724 Mosley Street in the Oakview Room Cocktails 5:30pm * Dinner 6:00pm * Awards 7:00pm Silent Auction bidding throughout the evening

Nominations are now closed.

Dinner Tickets:

\$55.00 for Members

\$75.00 for Non Members

Available by calling the Chamber office

705-429-2247

Tickets are limited so purchase your tickets early. For a list of Nominees Click Here If you see your name or business, please send a photo of you or your business to wbchamber@rogers.com. List gets updated daily so keep watching. Make sure you get your ticket(s) if your name or family/friends name is on the list.

This is Always a fun Night!!

** We are still looking for

Silent Auction Donations**

If you have something you would like to donate to the Silent Auction, please attach your business card to the item and drop of the Chamber. We will be displaying all generously donated items at the Chamber office until the event.

Thank you in advance for your continued support

Dance by Design Class Registrations being accepted now.

Call to Register: 705-422-2426

For more information contact:

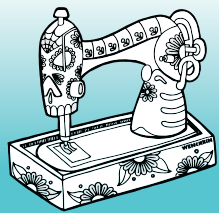
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Sew YOU Can!



Lois Musselman

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lumusselman@gmail.com

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opposite YMCA Rec Plex)

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Local Couple Receives Surprise Package

They just can't get enough of Ottawa's egg rolls. Canadians across the country will now be able to order Golden Palace egg rolls after the restaurant announced it is partnering with Shopify and Fedex.

Ironically, the restaurant doesn't do local delivery for takeout, but you can now log on to their new website and have a box of egg rolls shipped anywhere in the country within 24 hours.

"This idea has been on our radar since I took over the restaurant five years ago," said Bill Kwong, the third-generation owner of the restaurant. "I'm now the owner and a bit more tech savvy and it's been on the radar since then." Golden Palace will turn 64 this year and its "famous egg rolls" have been doing a lot of travelling lately.

In December 2015, Kwong began selling them at Montreal's Bell Centre on game days. Four years earlier, Sens fans were enjoying them at Ottawa's Canadian Tire Centre. Kwong launched a new Shopify website and is partnering with FedEx and a company called Penguin Pickup for easy shipping and pick-up in the GTA.

Outside the GTA, the egg rolls can be delivered direct anywhere that FedEx reaches.

"We have a lot of customers across Canada – some are from Ottawa, some have had them while visiting and said 'Wow that's good,'" he said.

Even before the FedEx partnership was established the Golden Palace egg rolls regularly travelled to British Columbia, Quebec, and Ontario.

The egg rolls come pre-cooked and cold and must be shipped by priority mail. In the GTA, they are kept refrigerated at Penguin Pick-Up locations. Each box contains a complimentary Golden Palace magnet.

"There's been a lot of customer demand. I've spent eight months planning this, consulting and selecting vendors," said Kwong. "It's very exciting."



61 World Famous Delicious Golden Palace Eggs Rolls Delivered to Wasaga Beach UPS Store



Bev and Bill Frieday woke up in The Beach last week on the morning of September 8th and wished each other a 'Happy Anniversary' clinking coffee mugs '61 years'! What they didn't expect was a surprise package delivered later that day to The UPS Store in Wasaga Beach (chilled to perfection in the Penguin Pick-Up fridge) – 61 world famous delicious Golden Palace egg rolls! An extremely yummy and generous gift from the Chinese restaurant they frequented often on date nights when they lived in Ottawa years ago. Amazing food and good taste in art too. (Patti Friday originals hang in Golden Palace's dining room) Thank you owner Bill Kwong @goldenpalaceottawa for an incredible feast of fresh egg rolls!



Chinese Lemon Chicken

This is a very authentic version of the popular lemon chicken recipes served at many Chinese restaurants. Crispy fried chicken doused with a tangy sweet sour sauce make this a real winner. I like reheating any leftovers the next day as the flavours seem to become more robust and well rounded after sitting overnight. I like this served with white rice or dished over egg noodles.



For the Fried Chicken

- 1 lb. Chicken breast
- 1 Tbsp Soya sauce
- pinch of salt and pepper
- 1 Egg
- 2 Tbsp Cornstarch
- Oil for Frying

Cut the chicken into bite size pieces and put in a bowl. Combine the soya sauce and egg and salt and pepper. Add the cornstarch. Heat the oil on medium high to about 350 degrees and fry the chicken pieces.

For the Lemon Sauce

- 1 cup chicken stock
- Zest of 1/2 lemon
- 1/4 cup lemon juice
- 2 tbsp sugar
- Slices of lemon
- 1 Tbsp honey
- 3 tbsp cornstarch slurry
- 2 green onions thinly sliced
- Sesame seeds lightly toasted

Heat the chicken stock, lemon juice, sugar, lemon slices and honey. Bring to the boil and add the cornstarch slurry. Cook for 5 - 7 minutes and check for flavor and texture. Sauce should be thick but not gummy. Add the lemon zest. Pour over the fried chicken pieces and garnish with green onions and lightly toasted sesame seeds. Serve over rice or pasta. Bon appetite

beach BOOSTER Wasaga Beach

beach BOOSTER publication is part of the Beach BOOSTER Media Group
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Wasaga Beach ON L9Z 2C5

Wasaga Beach's Only Locally Owned and Operated Publication

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CANADA 150

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New way to get information about downtown plan

Local residents with questions about the Downtown Master Plan now have a new way to get accurate information about the project.

Every Wednesday from 9 a.m. to noon, until the end of the year, Director of Economic Development and Tourism Andrew McNeill will be available in person to answer questions about the plan.

Residents will find Mr. McNeill in the classroom at town hall, 30 Lewis Street. An appointment is not needed.

A new downtown will result in job creation, new public spaces, new recreational space, more retail choices, and condominium-style housing stock.

About the Downtown Master Plan

In February 2015, shortly after the 2014 election, town council established the development of a downtown core as a council priority. A public meeting was subsequently held in November 2015, at which time residents provided input on a location for the downtown. A month later, in December 2015, council approved the Main Street downtown location. An open house and public meeting for a Downtown Official Plan Amendment was held in March 2016 and the following month a request for proposals for consulting services was issued. In May 2016, council adopted Official Plan Amendment No. 42, creating a special policy area for the downtown. The following month FORREC Ltd., was awarded a contract to lead the development of the Downtown Master Plan. Public meetings were held in August 2016 and in September the Downtown Master Plan Steering Committee was appointed by council. In March 2017, town council approved the Downtown Development Master Plan and in April implementation of the plan began. At its June 27 meeting, council identified Fram, and Slokker Canada Corporation, as the town's preferred development partner for town-owned lands in the downtown. Prior to entering into a partnership with the companies, council decided a third party audit will be done to ensure the firms have the financial strength to carry out the development project to the satisfaction of the town.

For more information on the plan, visit www.BuildWasaga.com or contact Director of Economic Development and Tourism Andrew McNeill at 705-429-3844, ext. 2271.



The Town of Wasaga Beach is planning for the community hub & YOUR INPUT IS REQUESTED!

The Town of Wasaga Beach is conducting a questionnaire to determine what facilities, services, and amenities could be planned for the community hub in the new downtown.

All potential stakeholders including representatives of sporting groups, services clubs, and other community-type organizations, as well as residents and business owners, are encouraged to complete the questionnaire, which can be found online at www.BuildWasaga.com.

Town staff will be contacting key stakeholders and holding group discussions to hear from as many interested parties as possible. Staff will present the findings of the questionnaire in October. Further details about that presentation will be released in the weeks ahead.

For more information on the community hub, please contact Chris Roos, Director - Recreation, Events & Facilities at 705-429-3321, ext. 2502



All of us in the Beach BOOSTER Media Group family congratulate proud Grandparents Mayor Brian Smith and Joanne on the arrival of *Lincoln Elijah*, who was born on Saturday September 9th at 2:59 pm. Mom and Dad Taura and Christian are both doing well as is the newest member of the family.

Congratulations to all!



Congratulations

Wasaga Beach Historical Advisory Committee invites you to the

WASAGA BEACH Way Back When EVENT

When:
Saturday, September 30, 2017
11:00 a.m. - 4:00 p.m.

Where:
Historic Marlwood Golf & Country Club,
31 Marlwood Ave, Wasaga Beach,
L9Z 1S8

The Wasaga Beach Historical Advisory Committee, The Town of Wasaga Beach and several Community Partners invite you to a casual, fun, drop-in event that will focus on Wasaga Beach's past and include many artifacts, photo displays, Special Guests, interactive activities, storytelling, movies and music.

This Special Event will recognize the long and vibrant history of Wasaga Beach and be an opportunity for old friends to meet and share stories... and for new friendships to be made. If you, your family and friends have something you would like to share during this look back at Wasaga Beach's history, please contact the Event Volunteer prior to the event at Joe@beachBOOSTER.com

See you there!

For more information please contact

Lindsay Neale 705-352-4174
or Event Volunteers
Bing Jowett 705-444-6738
Joe Bickerstaff 705-241-9762



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AVAILABLE AT THE BEACH AND THE LCBO

Don't miss some cool Beach One Cerveza ideas in the new Beach Lifestyle feature on Page 4

Wasaga! That's how we say cheers around here!



Signature
SOLD TEAM



NADENE MILNES SALES REPRESENTATIVES **KRISTINA TARDIF**

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Squeeze Every Last Drop of Summer

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Two weeks ago, I was pumping gas near the Superstore, went in to pay, and walked out to my car. There I stopped dead in my tracks.

Do you know the sensation you get - sometimes late in the summer - when you walk out to a dewy morning and get a whiff of "fall", and the everything that tags along with it: the turning leaves, sweaters, fall vegetables, more football, and the impending winter conditions that make us (some of us) crave for a warmer for the tropics? It's a one of a kind seasonal moment you don't forget.

The "take a picture - make a postcard" sensation was this:

If you ever travel to warmer climates in the winter, especially after a long fistfight with snow removal and extra blankets at night, then you know the anticipation of arrival is like your "O" factory kicking into gear before a great Cabernet, or the smell of a great piece of BBQ.

It's a "can't wait" moment. You're in shorts and sandals with your feet on the warmer ground, sunglasses on, and you stop and take a moment to soak in all in. Your tip you head to squint at the sun, then immediately feels its warmth, and the rats in your brain takeover: "mmmm.... shorts, t-shirts, sandals, fresh fruit, sand and warm waters, no icy roads, no snow, no salt. And I get 7 more days of this. And you freeze in that moment of bliss and hope it never ends, because it's the "best ever" feeling.

THAT WAS IT!

It was a very brief interlude that pushed me away from the above-listed "winter is coming" sensation.

AND I WANT MORE OF IT!

So, as a preacher of beach lifestyle, I ask that you do NOT let the summer season go.

With these clear skies and ridiculously warmer day temps, take the time when there is window to take in our beaches. Head to the FARMER'S MARKET and take in the extended season. The warmer weather has been a grace, so let's take what we're given. Don't let summer go!

Let's keep our drinks cold, keep our grills hot, and remember that here in the beach, we love summer "a lot!"

So here's a summer recipe to keep you in that mindset.



Maple and Lemon Marinated Pork Tenderloin

Get the recipe online:
<http://www.beachbooster.com/BeachFood&Beverage>

And while you're grilling, I hope you have the kind of sensation that I just had. With winter in the waiting, it is a "little victory!"



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Road Wolves Rocked Battle of the Sands Competition

The finals of the Battle of the Sands Competition, a singer/songwriter and band contest for indie artists targeting ages 16 and over, was held on June 17th as part of the Wasaga Beach Waterfront Festival at Beach Area One, presented by the Georgian Triangle Music Festival and the Town of Wasaga Beach. Beach Booster Media Group was a proud sponsor of the inaugural event.



"Road Wolves" from Stratford captured the band category. According to the judges, Road Wolves hit the stage with all the trimmings. They presented a tight set with a mix of playful assuredness and cheerful "cockyness". A four-piece Canadian group consisting of Eddie McKenna (vocals); Alexander Rowe (guitarist); Dylan Cassels (bass) and Jesse Karu (drums) dedicated to providing the world with raw, unfiltered, high-energy rock'n roll channeled from their homage to the endless road and ritual madness.

Influenced by Led Zeppelin and some of the eighties bands such as "Ratt", "Cinderella" "Warrant", "Autograph" to name a few along with a combination of the early 70's and grunge components together created the Road Wolves sound. "We are definitely influenced by 80's hair rock but we also like to throw a little bit of that 70's blues with some grunge elements," said guitarist, Alexander Rowe. "We all come from different backgrounds and we just try to incorporate it but definitely the 80's rock comes through in a lot of it."

Road Wolves had the pleasure of performing at the Canadian Music Week this year. "It was awesome every time we play a show we like to kind of put ourselves out there and meet as many people as we can. We also played the Hard Rock Café in Toronto and met some fantastic bands from across Canada." One of Road Wolves' songs "Black Widow" was featured in two independent movies one in Saskatchewan and the other in Australia. "We are part of a website where you can throw your music online where film companies or commercials can pick it up. These two independent film companies enjoyed and selected our song "Black Widow".

An album is scheduled for release in the coming months where the band recorded six tracks at Iguana Studios in the city with more songs to be added. "We are still in progress after almost a year now but we are taking our time and it's going to be a great album. It's actually going to be more like seven or eight tracks because we just decided we can't just do this in six songs, we got to put out a couple more. There should be a single coming out shortly." Alexander wouldn't divulge too much but did mention a special guest will participate on the album. "I will say we have a guest drummer from a fairly popular 90's rock band for one of our tracks. We are pretty pumped about that."

For more information please visit roadwolvesrock.com or on social media by using the same hashtag #roadwolvesrock.

Dianna Chycki is host of Beach Corner. Beach Corner is available on podcast and broadcast every Tuesday at 10:00 a.m. and 8:00 p.m. on beachBOOSTER.com. Beach Corner article sponsored by Exchanging Vows Bridal Boutique in Collingwood



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Recognition Awards

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Cocktails @ 5:30PM | Dinner @ 6:30pm | Awards to follow
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CHAMBER BUSINESS OF THE YEAR

NOMINEES TO DATE:
JOE BICKERSTAFF - BEACH BOOSTER MEDIA GROUP
JOANNE PAVLOVIC - HAND RACING
CHRISTINA GEORGAS - GEORGIAN CIRCLE RESTAURANT
SELENA BLAIS - GEORGIAN LIFE PHOTO BOOTH
KAREEM THOMAS & PINA STILLITANO - TASTE OF PARADISE
SANDY & ALEX SMARDENKA - BOSTON PIZZA
NANCY DYSON - SUNSET GRILL
MARK & IVA KIRBY - KIRBY'S FLOORING
TANYA LAWRENCE - SUSY Q'S
JASON RUTTAN - REMAX WASAGA BEACH
KENN VOSS - CANADIAN TIRE
TYLER ROLLINS - KEY MORTGAGE PARTNERS DLC
DEBBIE AND ANDY BRUNELLE - PIZZA DEE'S



CITIZEN OF THE YEAR:

NOMINEES TO DATE:
ELIZABETH deGROOT - RBC FINANCIAL
MELISSA HASKETT
CHRIS SMARDENKA - MARLWOOD GOLF & COUNTRY CLUB
JOE BICKERSTAFF - BEACH BOOSTER MEDIA GROUP
EDWARD PARKES - ROYAL LEPAGE LOCATIONS NORTH
TANYA SNELL - WHAT'S UP HERE
JOE BELANGER
DAWN BRAID



TOURISM & ACCOMMODATIONS

NOMINEES TO DATE:
LEAH WARREN - TONY B'S
LESLIE FARKAS - SKYDIVE WASAGA BEACH
AARON ARMSTRONG - BEACH1.COM
TAMMY & ROB HEWINES - ALTON LODGES
JOANNE PAVLOVIC - HAND RACING
MR. NORM'S NEPHEW
GARRY SAWATZKY - SKULL ISLAND
SAM, MARIANN & MICHELL PERSI - JUNGLE ZOO
GERI & KEN ROUNDS - ROUNDS RANCH
DAVID CUBBITT & PETER WILKINS - WASAGA BEACH BREWING COMPANY
ROB & GAIL PRENTICE - POPPY'S POPCORN
JENNIE ELMASLIE & MATT CODE - FREE SPIRIT TOURS



NEW BUSINESS OF THE YEAR

NOMINEES TO DATE:
NATHAN PLATTER - MAPLE DINER & SMOKEHOUSE
CHRISTINA DE PALMA - DE PALMA & ASSOCIATES
JOANNE PAVLOVIC - HAND RACING
JUSTIN IANNETTA & LANA TURCIC BRANDAU - SQUEEZED
FAITH CARLSON AND VANESSA LUDLOW - BEACH BARBER SALON
JESS SCOTT - BEACH BABY BATH & BODY
DAVID CUBBITT & PETER WILKINS - THE BEACH BAR
CATHIE HUNT - CATHIE HUNT CPA
DAVID ANTEBI - HARBOUR LIFE HEALTH FOOD & SPA
ROB & GAIL PRENTICE - POPPY'S POPCORN
ROBIN PEDDAL - MAID 2 CLEAN
ROCCO & ELENA GALLETTA - IMAGINE JEWELLERY

ENTERPRISE-BULLETIN

RESTAURANT, FOOD & BEVERAGE

NOMINEES TO DATE:
ZACK BICKMORE - CATCH 22
CHEF KEE - SUSHI SAGA
CHRISTINA & ANGELO GEORGAS - GEORGIAN CIRCLE RESTAURANT
ERIN & JACK FLYNN - ST. LOUIS BAR & GRILL
JONNA CASEY - WEST RIVER COOKHOUSE
SYLVIA BRAY - GRANDMA'S BEACH TREATS
GAIL & ROB PRENTICE - POPPY'S POPCORN
MR. NORM'S NEPHEW
TANYA LAWRENCE - SUSY Q'S
BRENDA OSBORNE - WANSBROUGH - WILD WINGS
ANDY & DEBBIE BRUNELLE - PIZZA DEE'S



YOUNG BUSINESS PERSON OF THE YEAR

NOMINEES TO DATE:
CHRISTINA DE PALMA - DE PALMA & ASSOCIATES
BRAD BUIE - CLEARVIEW ELECTRIC
JUSTIN IANNETTA & LANA TURCIC BRANDAU - SQUEEZED
ANDREW COMLY - COMLY EYE CARE
JASON RUTTAN - REMAX WASAGA BEACH
MALCOLM MCSORLEY - PITA PIT
TYLER ROLLINS & BRIANNE WORSLEY - KEY MORTGAGE PARTNERS DLC
JOEL SIMPSON - GEORGIAN FAMILY CHIROPRACTIC
RYAN SOBKOVIK - FINE ARTS BY RYAN



ATHENA AWARD

NOMINEES TO DATE:
LEAH WARREN - TONY B'S VARIETY
COLLEEN BANNERMAN - WASAGA TAX & ACCOUNTING
JONNA CASEY - WEST RIVER COOKHOUSE
KELLY KRAMER - SHINE WEB CREATIONS
SHELLY MITCHELL - STEPPING STONES CHILDCARE
PINA STILLITANO - TASTE OF PARADISE
ELIZABETH deGROOT - RBC FINANCIAL
SELENA BLAIS - GEORGIAN LIFE PHOTO BOOTH
KAREN NEWMAN - WASAGA BEACH VARIETY STORE
DEBRA HARRIS - AUTO TECH 'N TIRE
DEBBIE BRUNELLE - PIZZA DEE'S
ROBIN LIPOP - RENAISSANCE SKIN THERAPY & AESTHETICS
JOANNE PAVLOVIC - HAND RACING



SERVICE CLUB/NOT-FOR-PROFIT:

NOMINEES TO DATE:
FRIENDS OF NANCY ISLAND
LIONS CLUB WASAGA BEACH
WASAGA BEACH KINETTE CLUB
MINISTERIAL FOOD BANK
WASAGA BEACH MINOR HOCKEY COACHING STAFF
LESLIE LISTRO - CAITHKIN TREATMENT FOSTER HOMES
STONEBRIDGE WASAGA BEACH BLUES
ROTARY CLUB OF WASAGA BEACH



SERVICE INDUSTRY & TRADE:

NOMINEES TO DATE:
TYLER ROLLINS - KEY MORTGAGE PARTNERS DLC
HOGAN COURRIER - WASAGA BEACH GEEKS
BRAD BUIE - CLEARVIEW ELECTRIC
SANDRA TRENTINI & JOHN TUCKER - MY COMPUTER STORE
JUDY WILKINS - TRANSFORMATIONS
DR. JOEL SIMPSON - GEORGIAN FAMILY CHIROPRACTIC
SALVATORE DELLA BRUNA - MARTELLA TILING SERVICES
KIM AND STEVE deHAAN - ACTION LOCK
IVA & MARK KIRBY - KIRBY'S FLOORING
HOWARD TRUAX - KEN TRACY CONSTRUCTION
CINDY ROSEBRUGH - THE CUTTING EDGE
DRS ELIZABETH & JAMES KOEHLER - ACTIVE HEALTH CENTRE
DAVE & DEBRA HARRISON - AUTO TECH 'N TIRE
ERIN FORDHAM & DANA OSBORNE - ALTA VISTA PLANNING
RICK DWORAK - GEORGIAN GAS GUYS
RICK GORDON - ENTERPRISE BULLETIN
BRIAN ARMSTRONG - LAKESIDE AUTO
JOHN TINDALE - BEACH HEARING
ROBIN LIPOP - RENAISSANCE SKIN THERAPY & AESTHETICS
DEBBIE GRIFFIN - ROYAL LEPAGE TRINITY
JEFF MCINNIS - REMAX WASAGA BEACH
SELENA BLAIS - GEORGIAN LIFE PHOTO BOOTH
BRIANNE WORSLEY - KEY MORTGAGE PARTNERS DLC
PETER WILSON - BEACH ONE CHIROPRACTIC
JOANNE PAVLOVIC - HAND RACING



CUSTOMER SERVICE OF EXCELLENCE

NOMINEES TO DATE:
HOGAN COURRIER - WASAGA BEACH GEEKS
CHRISTINA GEORGAS - GEORGIAN CIRCLE RESTAURANT
SHELLY WELLS - GEORGIAN CIRCLE RESTAURANT
SELENA BLAIS - GEORGIAN LIFE PHOTO BOOTH
SANDRA TRENTINI & JOHN TUCKER - MY COMPUTER STORE
JUDY WILKINS - TRANSFORMATIONS
JOAN MAYO - GEORGIAN GOLF
DAVE ANSTEY - PET VALUE DISCOUNT PET FOODS
ANDREW COMLY - COMLY EYE CARE
FAITH CARLSON & VANESSA LUDLOW - BEACH BARBER SALON
KATHY & ERNIE OSBORNE - OSBORNS CASTLE
JUSTIN IANNETTA & LANA TURCIC BRANDAU - SQUEEZED
JOANNE PAVLOVIC - HAND RACING
GAIL & ROB PRENTICE - POPPY'S POPCORN
BRENDA OSBORNE-WANSBROUGH - WILD WINGS STAFF
U-PICK PARTIES - ROXANN CAMPBELL
JOHN TINDALE - BEACH HEARING
DARLENE & DAVE MARTIN - BULK BARN
FRANK BARTELLA - FRANK'S BARBER SHOP WASAGA BARBER
TRACY LEMENCHICK - THE BEAUTY BRUSH HAIR SALON
NELSON MARQUES - BARCELO'S
JACK PREZIO - PEDRO'S
CATHY HOLLAND-HENDRY - CATHY'S FLOWERS
JOHN & BRENDA ARMSTRONG - ROYAL LEPAGE TRINITY REALTY
BRUCE & HEATHER NORTHEIM - FIX-A-CHIP
ROCCO & ELENA GALLETTA - IMAGINE JEWELLERY
RICK GORDON - ENTERPRISE BULLETIN
LESLIE LISTRO - CAITHKIN TREATMENT FOSTER HOMES
BRIAN ARMSTRONG - LAKESIDE AUTO
DEBRA HARRIS - AUTO TECH 'N TIRE
TODD YOUNG - BEACH BUILDERS
PETER WILSON - BEACH ONE CHIROPRACTIC
BRIANNE WORSLEY - KEY MORTGAGE PARTNERS DLC
DEBBIE GRIFFIN - ROYAL LEPAGE TRINITY REALTY
TANYA LAWRENCE - SUSY Q'S
TYLER ROLLINS - KEY MORTGAGE PARTNERS DLC
ANDY & DEBBIE BRUNELLE - PIZZA DEE'S STAFF
ROBIN LIPOP - RENAISSANCE SKIN THERAPY & AESTHETICS
JEFF MCINNIS - REMAX
CATHY HOLLAND-HENDRY - CATHY'S FLOWERS



ACADEMIC EXCELLENCE

NOMINEES TO DATE:
ROBERT STEPHENS - UNIVERSITY OF WATERLOO & UNIVERSITY OF TORONTO MED SCHOOL
JESSICA GLEN - CONESTOGA COLLEGE
NATHAN BANNERMAN - 3RD LEVEL REFRIGERATION MECHANIC APPRENTICE PROGRAM



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Marlwood Men's Golf League Final Day Tournament

The closing day tournament was held Sunday September 10, 2017 with 112 golfers, of our 122 members in attendance. The day started at 9:30 a.m. with our annual meeting consisting of a review of the day's agenda, an interim financial report, discussion as to next year's play, and the distribution of score cards for the groupings, followed by the election of officers. A shotgun start at 10:30 a.m. got the tournament underway. After the scores were tallied the membership was then treated to a delicious roast beef and chicken dinner at 5:30 p.m. and prizes at 7:00 p. m. The executive for 2018 are as follows: Mike Lalonde Games Captain/Treasurer, Rick Neron Treasurer, Denzil Philipsz, Jim Burns and Tim Kowall as the Games Committee

AA Flight

Low Gross: 1) Garnet Reed 76 (won in a playoff) 2) Steve Wolfreys 76

Low Net: Pat Kerins 67

Garnet Reed was the winner of the Boston Pizza Trophy, presented by Alex Smardenka.

A Flight

Low Gross: 1) Jay Grant 85 2) Ted Pachla 86

Low Net: Don Pulfer 73

The winner of the Dick Burton Stunner Award was Jay Grant.

B Flight

Low Gross: 1) Ed Koshilka 89 2) Rick Raymer 90

Low Net: Don Lancaster 71

Ed Koshilka was the winner of the Bob Gibson Memorial Trophy.

C Flight

Low Gross: 1) Denzil Philipsz 92 2) Jim Munro 96

Low Net: Bill Whitlock 72

Denzil Philipsz was the winner of the Smiles of Innocence Trophy.

D Flight

Low Gross: 1) Mike Stevenson 96 2) Bill Weiss 99

Low Net: Al Larose 73

Mike Stevenson was the winner of the Clair Robertson Trophy.

Closest to the pin: #2 Jim Munro #7 Jay Grant #15 Jim Grant #18 Sam Ritchie.



A member of our Club, **Jim Williamson**, bought and donated a trophy, the Super Senior Award, to be awarded annually to a long standing member of Marlwood Men's League, who had attained a specific age, had remained active in the golfing community and who had shown integrity and leadership in the Men's League.

Al Chambers announced this year's co-recipient long time Marlwood member **Bill Garrand** to a standing ovation by the membership, and went on to outline some of Bill's contributions to the league, the golf course and some golf stories, previously untold, and the fact Bill has been in the men's league for many years.

This year's other co-recipient **Jack Hamilton** was introduced by his weekly playing partner **Pat Kerins**, again to a standing ovation from the membership. Pat outlined some of Jack's exploits both on and off the golf course and it was noted that Jack has been a member of the men's league for many years. Jack then took the microphone and entertained the gathering with some stories of his past golfing exploits, places he had golfed and some of the upgrades to equipment since he had started playing the game.

Well done Bill and Jack!!!!!!!

Marlwood Ladies League Weekly Scores: September 12, 2017 43 Golfers

A FLIGHT:

Low Gross: Jody Kowall - 39

Low Net: Lynn Howarth - 32

Birdies: Faye Schliefer - Hole #15, Jody Kowall - Hole #16

Odd Holes: Faye Schliefer - 18

Rubber Chicken: Doreen Graham - 17 Putts Retro

B FLIGHT:

Low Gross: Donna Platt - 45

Low Net: Karen Cooke - 31.5 Retro

Birdies:

Odd Holes: Cathy Curnew - 19, Donna Platt - 19

Rubber Chicken: Joyce Beynon - 21 Putts

C FLIGHT:

Low Gross: Chris Boneham - 46

Low Net: Cheryl Brown - 30.5

Birdies:

Odd Holes: Chris Boneham - 20

Rubber Chicken: Wendy Reed - 21 Putts

D FLIGHT:

Low Gross: Barb Carney - 48

Low Net: Donna Gray - 31

Birdies: -- --

Odd Holes: Mary Ellen Martinak - 21

Rubber Chicken: Eileen McGowan - 19 Putts

PRIZES:

50/50: Joyce Beynon

Boston Pizza: Joyce Beynon

Wasaga Flowers: Joanne Antinori

My Computer People:



Expert answers to your health and wellness questions

Question: I really enjoy walking, but does it provide any real health benefits?

Answer: If walking works for you, it works for me! Truly, fitness all starts with finding something you won't mind doing! Walking has many hidden benefits that most people overlook because it's low impact and so easy to get started. Most people falsely assume that in order to be healthy and prevent disease, they need to perform rigorous cardio activity but this is not always the case. Recent studies indicate that frequent walkers have lower rates of heart attacks and strokes than those who don't walk as often, as well as lower cholesterol and blood pressure levels. Walking is also great for keeping the weight off. Most people would never think taking a 30-minute walk during your lunch break or after work could do much good, but that walk can slice off anywhere from 100-200 calories, depending on your pace and how much you weigh. An extra 100-200 calories burned each day can go a long way to prevent weight gain and keep you staying slim, especially if it's more than you've done before. Another benefit of this simple exercise is that it keeps your bones strong and dense as you age, helping to prevent osteoporosis. Although it has many physical benefits, walking can do wonders for mental health as well. Going for a walk can be very relaxing and can easily lighten your mood when you're feeling stressed or anxious. Even better, walking has shown to improve mental clarity and cognition. As you can see, adding a brisk, 30-minute walk to your daily routine can do wonders for your health in the long run. But, if you can't find a stretch of 30 minutes, go smaller and move whenever you can. Stringing three 10-minute bouts together throughout the day can be equally impactful. You simply can't go wrong with this easy, enjoyable exercise that you can do anywhere at anytime!

Question: While watching a variety of sporting events, I've noticed several athletes wearing colored tape on their ankles, calves and sometimes their shoulders. What exactly is the purpose of wearing the colored tape?

Answer: The brightly colored stripes of Physio tape or Kinesio tape have been popping up everywhere from the most elite athletes to the average recreational exercisers. Unlike other types of strapping tape, where the tape is wrapped tightly around an injured joint or muscle to provide rigid support, Physio tape and its unique elastic properties, is applied directly over and/or around an injured area to provide dynamic support. One benefit of the Physio tape is the increase of blood circulation to the injured area, which helps to circulate more nutrients and energy, allowing a person to sustain an activity longer with less pain and fatigue at the injured site. Physio tape can be worn for up to 5 days, therefore the therapeutic benefits are available to an injured site for 24 hours a day, which accelerates the healing process from an array of injuries and inflammatory conditions.



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Saying Goodbye to Playland Park at Wasaga Beach

Story and Photos by **Tim Sykes**



During the summer of 1985, I had heard the news of the pending closing of Playland Park, a classic beachfront amusement park located at Wasaga Beach. Wanting to learn more, I sent away for a brochure, which I received ahead of the auction day. Wilson Auctioneers of Milton had been contracted to hold the auction, and their brochure featured pictures and descriptions of the various Playland Park rides and artifacts available to the highest bidder.

Held on Saturday, October 26, the auction was to start at 9:30 am. Being so late in October, the weather could have been very nasty. Fortunately, it was a picture-perfect sunny day, with only a slight chill in the air. Driving into Wasaga from Kitchener, I arrived ahead of the auction start time, since I didn't want to miss anything.

There were a lot of people from the amusement industry in attendance, all vying for a prized piece. I met one of the owners of Crystal Beach Amusement Park, as well as

representatives from Conklin Shows, and several operators of other amusement operations. Rather than participate in the auction, my goal was to take as many pictures as possible, knowing this would be the last time Playland Park would be seen as it had been for decades. After the sale, the only thing that would remain would be the memories.

With total access to the entire park, I was able to explore areas not previously open to the general public. The auction staff had every ride ready for inspection and in full operation. The inside of the arcade building was jammed full of various artifacts from Playland's past. With so many items available, it was often overwhelming to see it all. My eyes tried to scan over everything, concentrating on seeing as much as possible. It was often stunning and overwhelming to see so many historical pieces altogether. Over several hours, I explored the entire property, took my pictures, and had a final look at the park as it was, then headed for home.

The images that I did capture were simply an attempt to document the final day of Playland Park. More than 30 years later, these photographs now represent special memories of an amusement park so fondly recalled by many that experienced this wonderful and unique era of Wasaga Beach history.

Tim Sykes operates My Generation, a nostalgia-based online retail business that features retro posters, prints, note cards and other vintage related products available to the public and wholesale. mygenerationshop.com

He is also a freelance writer and historian. Contact him at info@mygenerationshop.com



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